

Don't Suffer in Silence



First Responder Assistance Program



24/7 Confidential Help for Firefighters and Their Families

The First Responder Assistance Program is included with your Accident & Health insurance coverage. This program offers resources and referrals to first responders and their families for issues regarding:

- Stress Management
- Depression
- Family Conflict
- Anxiety
- Grief and Loss
- Relationships
- Financial or Legal
- Addictions
- Problem Gambling
- Child and Elder Care

To learn more or for immediate assistance, call **855-207-1747**

Or visit us online at workhealthlife.com/us Password: **FRAP**

The First Responder Assistance Program is not insurance and is provided through Provident Agency, Inc. by Morneau Shepell.