

Dr. Cavallini Bio

A San Antonio, Texas native, Felicia was an All-State athlete in volleyball, basketball and track and field in high school. Earning a scholarship at Rice University, Felicia played Division I basketball in the Southwest Conference receiving a B.A. in Education and Kinesiology with academic honors. Cavallini earned her M.A. from the University of Texas at San Antonio in Education while serving as the assistant coach of the women's basketball team. In the seven years to follow, Felicia coached women's basketball at Siena College, Providence College, University of Southern Indiana and Colgate University. In addition, Felicia taught and coached in secondary education in Texas. She then pursued her doctorate in Physical Education at the University of Houston while serving on faculty at Rice. There, she was honored numerous times as a "Distinguished Faculty Member" and was voted by students as the faculty member who made a significant impact in the Rice community. After completing her doctorate, Felicia became an assistant professor at Lamar University and studied Spanish and Mexican physical activity levels in Mexico on a grant. Currently at Limestone College, Dr. Cavallini has accomplished numerous research presentations, publications and scholarly activities while becoming a 2-time recipient of the Limestone College Fullerton Teaching Award. In 2014-2015, Cavallini was awarded the prestigious Fulbright U.S. Scholar Grant as a Visiting Research Chair at the University of Guelph in Ontario, Canada where she conducted research in peoples' perceptions, attitudes, outlook, beliefs and opinions on physical activity and exercise. Because of the research conducted in Canada, the Limestone College Physical Education interns and Dr. Cavallini are currently working with the City of Gaffney firefighters in behavioral nutrition and physical activity.