



ON-SITE WELLNESS SCREENINGS

Want to keep your employees healthy and on the job? BlueCross BlueShield of South Carolina is partnering with Doctors Care to provide your employees and their dependents easy access to a wellness clinic. Employers may offer the wellness clinic, including biometric screenings, either on-site or at a local Doctors Care office.

BIOMETRIC WELLNESS SCREENINGS

Available at no cost* to the employer!



Basic Plan

Free to all covered members, these biometrics are measured during the clinic:

- **Complete Blood Count (CBC)** — Measures several components to evaluate overall health and detect a wide range of disorders.
- **Comprehensive Metabolic Panel (CMP)** — Measures kidney and liver function, glucose and protein levels in the blood and the body's electrolyte and fluid balance.
- **Thyroid-Stimulating Hormone (TSH)** — Checks for problems with the thyroid gland.
- **Lipid Panel** — Measures cholesterol, triglycerides, high-density lipoprotein (HDL) and low-density lipoprotein (LDL).
- **Blood Pressure**
- **Height and Weight**
- **Body Mass Index (BMI)**



*\$295 setup fee applies if the event has 30 or fewer participants. Setup fee is waived for 30 or more participants. Participation is open to all employees and their family members. If your company offers the on-site Flu Clinic in conjunction with the Biometric Screening program, we will waive the \$295 setup fee with 30 or more participants. There is no setup fee if the clinic is offered at a Doctors Care facility.

ADDITIONAL SCREENINGS

More than 130 additional screenings are available a la carte at a discounted rate for BlueCross members. The member can select these screenings at the point of service.

ELIGIBILITY

All Business BlueEssentialsSM and Business BlueSM Chamber groups are eligible. Employees may participate even if they are not covered under the BlueCross health plan. Screenings are offered at no cost to BlueCross members. Non-members may be required to pay the discounted cost of the testing.

SCREENING RESULTS

Screenings will take less than 30 minutes per participant, resulting in minimum time away from the job. A nurse is able to discuss most of the biometric results during the screening (final results from blood draws will be mailed directly to the member). Employers will receive an aggregate screening report after the event. All programs are confidential and comply with federal privacy laws.

EMPLOYEE REGISTRATION:

- Online registration is available at no cost.
- A fee is charged to groups requiring paper registration.

REGISTRATION IS SIMPLE!

Contact your BlueCross agent for assistance in completing the Work Order for On-site Services. We offer promotional materials to help you inform your employees about the screening and explain how they sign up.

Doctors Care requires at least four weeks of lead time, and cancellation fees may apply if canceled within 10 days of the event.

For additional information, contact your BlueCross agent.