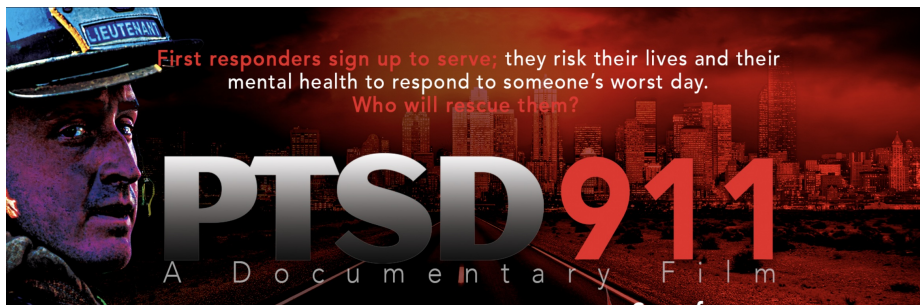




SEPTEMBER 21, 2023 | ISSUE 68

Rattle Watch

Proudly informing South Carolina firefighters.



Get your tickets to a showing of PTSD911

PTSD911 is a powerful and moving documentary that explores the aftermath of trauma experienced by first responders. It depicts the struggles they face in their daily lives as they try to cope with the emotional and psychological toll of their jobs. This documentary is a must-see to gain a deeper understanding of the impact that trauma can have on people.

By viewing PTSD911 and taking home its message, you are helping raise awareness about the challenges faced by first responders. This documentary is a call to action to recognize the sacrifices made by first responders and to work towards creating a more supportive and compassionate society.

Don't miss the opportunity to see this groundbreaking documentary. It is a powerful reminder of the importance of taking care of those who put their lives on the line for us every day.

Buy your ticket and join the conversation about how we can better support our first responders.

- [September 27 — North Myrtle Beach, The Conference Center at Barefoot Resort](#)
- [September 28 — Columbia, Calvary Chapel Northeast](#)
- [September 29 — Greenville, Boiling Springs Station 15](#)





Mark each space with X when you've completed the task.

Clean/wash flashhood weekly	Perform/schedule annual wellness check	Prepare & cook a healthy meal	Wear seatbelt while in fire apparatus	Wash hands after call and before eating
Properly wear SCBA	Review/create fire incident rehab policy	Create and/or participate in a workout program	Use a spotter when backing	Take proper BSI precautions
Inspect/clean turnout gear	Don't use tobacco products/enroll in cessation program	FREE Upload a pic/video on social media of you completing a bingo card task & tag @scfirefighters	Review your department's Safety Policy	Wear gloves, eye & ear protection while using hose/equipment
Review II Best Practices to Reduce FF Cancer-IAFC	Read/review NIOSH report	Properly hydrate (8 glasses of water per day)	Conduct/participate in company fire-ground training	Wear high-visibility traffic vest while working in roadway
Perform self-check exam: testicular/breast	Review CDC's Heart Health Risk for Firefighters	Limit caffeine/energy drink intake	Perform apparatus/equipment checks to ensure safe working order	Watch SC FAST "About Us" Video

Name: _____ Department: _____

Rank: _____ Date completed: _____

Submit your completed bingo card to healthsafety@scfirefighters.org by January 1, 2024 to be entered into a prize drawing (limit 1 per person).

Play Health & Safety bingo + be entered to win prize

The Health and Safety bingo card is the perfect way to keep you and your crew engaged while also promoting a safe work environment. And, as an added bonus for completing your card, you'll be entered to win a giveaway!

Playing along is easy - simply print out the bingo card and start marking off the safety measures you're following. From using proper PPE to cooking health meals, each box is filled with important actions that promote your overall health and safety.

Please note that these instructions deviate from the traditional rules of bingo; the entire card must be filled out for Health and Safety bingo, not just one row or column.

Not only will playing along keep you and your team on track with important safety measures, but it's also a fun way to boost morale and teamwork. Encourage friendly competition amongst your crew and see who can clear their bingo card first!

[Print out](#) your Health and Safety Bingo card today and get started on the

path to a safer work environment.

Cards must be submitted to healthsafety@scfirefighters.org by January 1, 2024. A second round of bingo will start in the new year.

Good luck!

From the web

Lithium-ion battery SOG available from Blue Card

A free [Standard Operating Guideline on lithium-ion batteries](#) is available through Blue Card, an online training platform established by Alan, Nick, and John Brunacini. This standard outlines **current** best practices. As with any SOG, policies must be updated based on new findings.

Community events



Forestry's Horse + Buggy Show is next month

The Forestry Commission's annual Fire Department Horse and Buggy Show is on Saturday, October 21! The show runs from 8 a.m. to 1 p.m. at the Forestry Commission Headquarters (5500 Broad River Road in Columbia).

Departments are encouraged to bring at least one piece of converted federal surplus equipment that they've received from the Forestry Commission to showcase during the "show and tell" portion of the event.

Don't miss out on the truck pull event from 10-11 a.m. Gather a team of 5-7 people and register on-site for a fee of \$100 per team. The proceeds from the truck pull event will be donated to Special Olympics of South Carolina.

After the truck pull, vote for your favorite vehicle and enjoy some refreshments. The Forestry Commission will also have a table set up for departments to learn more about the Federal Surplus Property and Grant programs.

Please contact [Jonathan Calore](#) [(803) 667-1200] with questions.

FIREFEST

Camden's Fire Fest: A September Tradition

The **Camden Fire Department** holds an annual **FireFest** in preparation for Fire Prevention Week in October. The event kicks off with a parade and is jam-packed with exciting activities like live burn demonstrations, an apparatus cruise in, an Explorer competition, and a kid's zone.

Mark your calendars for Saturday, September 30th for **FireFest**. The parade will begin at 9 a.m. on Rutledge Street and end at the City Arena. Admission is free.



Find your next gig on our Classifieds page

Our [Classifieds](#) is a fantastic resource for both job seekers and employers. Our platform is used by departments across the state and provides a seamless experience for anyone looking to find their next opportunity or fill their next position.

For job seekers, our Classifieds is an excellent place to start your job hunt. With detailed job postings across a variety of departments, it is easy to browse through the available opportunities and find your perfect fit.

For employers, our Classifieds section is an ideal platform to find your next hire. Our platform allows you to create multiple and detailed listings, making it easier to attract the right candidates for the right role. Whether you are hiring a single part-time employee or looking to fill multiple positions, our Classifieds section can help you.

Event update

save the date

QUARTERLY TRAINING + BUSINESS MEETING

October 25, 2023

NEW: U.S. Fire Administrator data advisor added to agenda for Quarterly

We have an exciting addition to our guest speaker line-up at Quarterly next month.

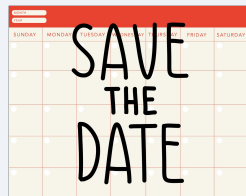
Rebecca Harned, data advisor for the U.S. Fire Administration and Chief Programs Officer for the International Association of Fire Chiefs, is joining us at Quarterly to provide insights on the upcoming changes to National Fire Incident Reporting System (NFIRS).

The fire service is driven by data. With decades of experience, Rebecca's worked at the intersection of emergency services and new technology, data science, preparedness, and response policy. Her perspective on data and its many uses in the fire service will be valuable for every attendee.

We are committed to providing our members with the latest information and insights on critical issues and how the day-to-day of the job changes as the fire service progresses. The insights Rebecca brings are invaluable in staying up to date on the latest developments in fire reporting and data analysis. We are excited to welcome her to South Carolina.

See you at 10 a.m. on October 25 in Charleston for Quarterly. [Register](#).

Was this email forwarded to you? [Subscribe to receive Rattle Watch every Thursday.](#)



- [October 1-6 - Fire Officer Academy: The Company Officer class 23-02](#)
- [October 17 - 1% Regional Training Class: York County](#)
- [October 25 - Quarterly Training + Business Meeting](#)
- [January 18-21 - Fire Service Improvement Conference](#)
- June 12-15, 2024 - Fire-Rescue



South Carolina State Firefighters' Association

Westpark Boulevard 111, 29210, Columbia

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