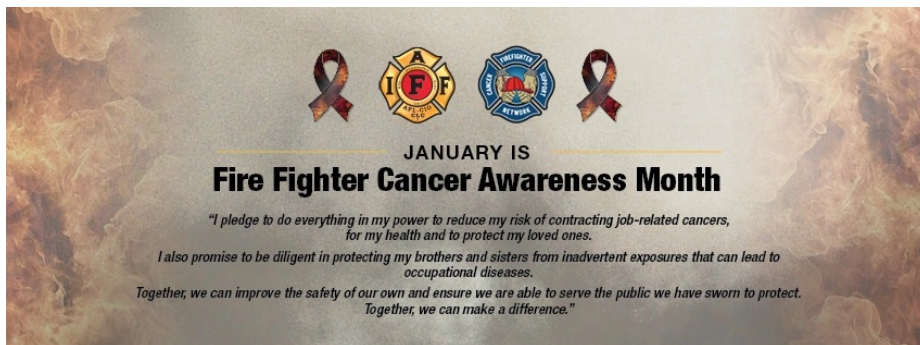




JANUARY 5, 2023 | ISSUE 32

Rattle Watch

Proudly informing South Carolina firefighters.



January is Firefighter Cancer Awareness Month

Firefighters have a *9% higher risk* of being diagnosed with cancer and a *14% higher risk* of dying from cancer than the general U.S. population, according to research by the CDC/National Institute for Occupational Health and Safety (NIOSH).

Those are unacceptable numbers and reinforces that notion that cancer is the most dangerous threat to firefighter health and safety today.

The International Association of Firefighters (IAFF) and the Firefighter Cancer Support Network (FCSN) have partnered to deliver targeted education about best practices and resources to prevent and reduce cancer among firefighters during Firefighter Cancer Awareness Month in January.

[Explore](#) Firefighter Cancer Awareness Month resources.



ICYMI: 2022 year in review

A lot happened in 2022 at the Association—so much that you've probably forgotten some of it by now. Read our [2022 year in review](#) for a quick catch-up.

Important reminder



Membership card info update deadline is Jan. 31

South Carolina State Firefighters' Association members will pick up their new **membership cards** at Fire-Rescue, June 14-17, 2023 in Myrtle Beach. These newly issued membership cards will be your access pass to Fire-Rescue 2023 and for future Association events.

The information shown on the membership cards will be pulled from the Association's database, the Member Management System. **It is the members' responsibility to make sure their information is correct and up to date.** You can login to the database and update your information at any time.

Membership card information must be updated by **January 31, 2023.** Any changes made to your information after that date will not be reflect on your membership card.

[Update](#) your information.



Association event



Memorial Service reminder

The annual Firefighter Memorial Service is scheduled for Saturday, February 11, 2023 at 2 p.m. at Riverland Hills Baptist Church in Irmo. **All departments are invited to attend.** Email Zorrina Harmon at zorrina@scfirefighters.org to sign up to escort families.

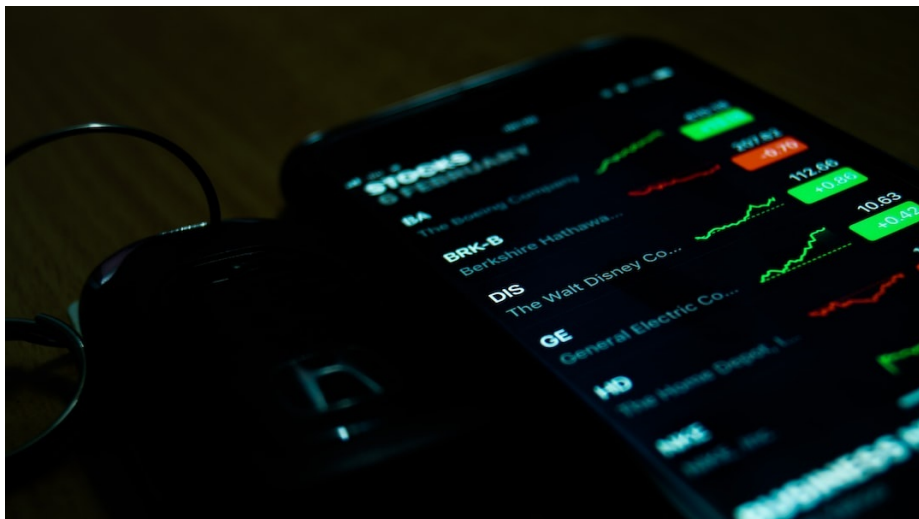


1% Regional Training coming to a town near you

New year, new 1% Regional Trainings.

We have four 1% Regional Trainings scheduled from January-March. The [Oconee](#) County class is on January 23; [Abbeville](#) County, February 4; [Orangeburg](#) County, February 13; [Spartanburg](#) County, March 16.

Contact [Jeff Oswald](#) to schedule a training.



Q4 commentary from CCM Investment Advisors

We've trusted [CCM Investment Advisors](#) for many years now to grow our retirement account so that our members can enjoy life long after their tailboard firefighter days are behind them.

CCM publishes a quarterly market commentary to keep our members up-to-date on the market's performance. See what CCM has to say about the recent fourth quarter happenings in their most recent [market commentary](#).

Was this email forwarded to you? Subscribe to receive Rattle Watch every Thursday.



- [January 23, 2023 - 1% Regional Training, Oconee County](#)
- [January 26-29, 2023 - Fire Service Improvement Conference](#)
- [February 4, 2023 - 1% Regional Training, Abbeville County](#)
- [February 11, 2023 - Firefighter Memorial Service](#)
- March 5-10, 2023 - Fire Officer Academy: The



South Carolina State Firefighters' Association

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